



# THE CONISTON CHRONICLE

THE NEWSLETTER FOR CAMP CONISTON CAMPERS, STAFF AND ALUMNI • SPRING 2008

When Gen Izutsu approached fellow Coniston staff members Zach Zimmerman ("ZZ"), Mark Noll and Andrew Carpino, and suggested they spend 3½ months traveling through Asia, ZZ's reaction was, "Four Americans backpacking alone across Asia? People will think we're nuts!"

But the strength of the friendships they made at Coniston carried them through an amazing journey, one that Mark describes as "the most incredible mind-blowing experience of my life."

## "It's the Friendships!!"

How Friendship Carried Four Coniston Counselors Across Asia

### Gen's Great Idea

Gen came up with the idea the year before at Coniston's Family Camp and talked to Andrew, then to Mark and ZZ the following summer. Gen was born in Japan, and, though he moved to Boston when he was five, he speaks Japanese and has family in Kyoto, Japan.

Mark says he's known Gen "since day one at Camp," but he had doubts about the trip. "The other guys kept pushing me and I thought about it for months, then right before Camp last year I decided, 'Okay ... let's do it!'"

### A Change of Plans

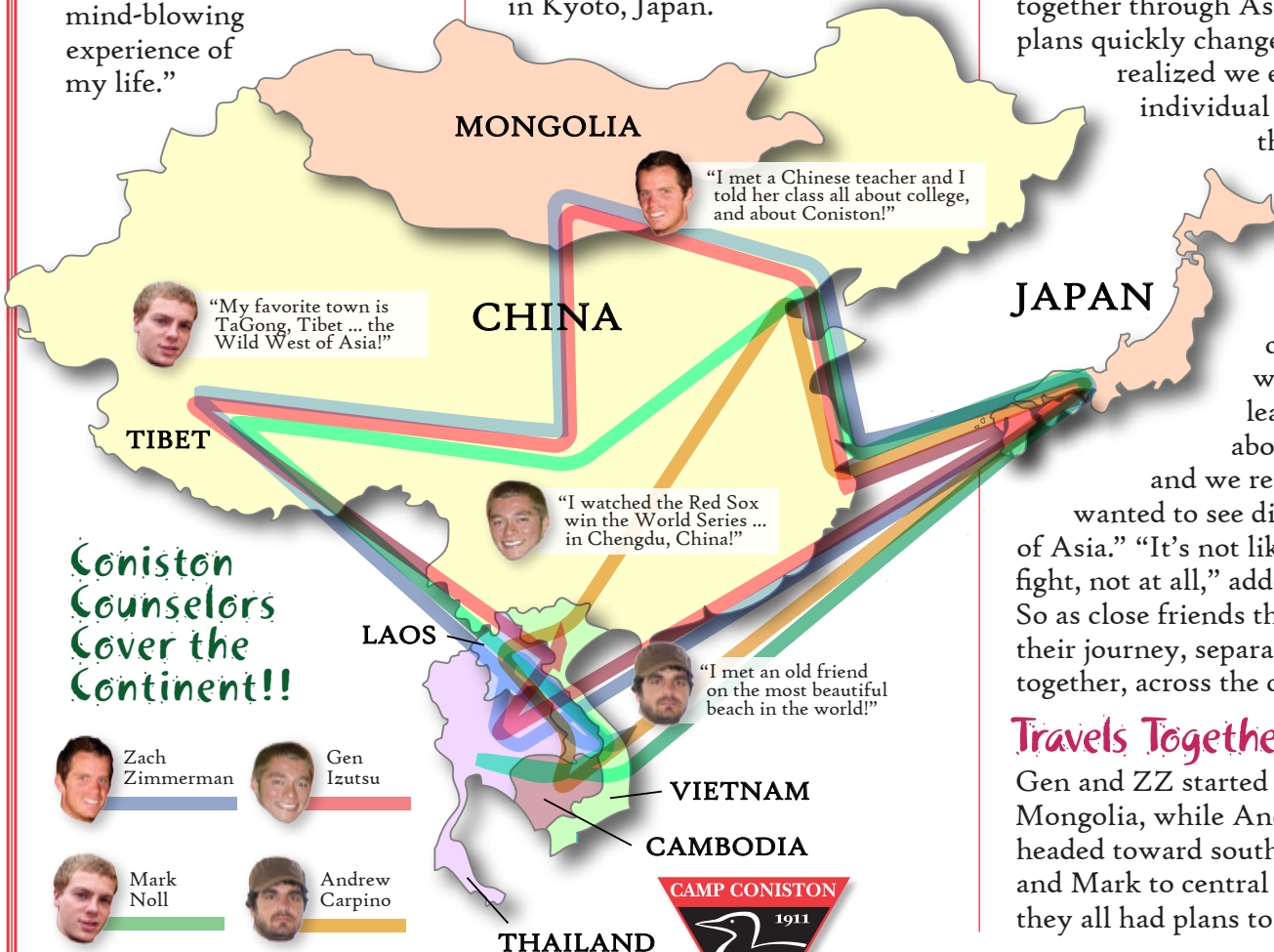
The plan was for all four to visit with Gen's family, then journey together through Asia ... but plans quickly changed. "We realized we each had individual goals for this trip,"

Andrew said. "We all just graduated college, I wanted to learn more about myself, and we realized we

wanted to see different parts of Asia." "It's not like we had a fight, not at all," added Mark. So as close friends they began their journey, separately and together, across the continent.

### Travels Together

Gen and ZZ started off to Mongolia, while Andrew headed toward southeast Asia and Mark to central China, but they all had plans to meet up



Coniston Counselors Cover the Continent!!



Zach Zimmerman



Gen Izutsu



Mark Noll



Andrew Carpino

CAMP CONISTON

1911

YMCA

CONT'D ON PG 3



## THE CONISTON CHRONICLE

A Publication of  
YMCA CAMP CONISTON  
for Campers, Alumni  
and Staff

### STAFF

John Tilley  
Executive Director

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Assistant Director

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Registrar

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After School/  
Adventure Coordinator

Aaron Turner  
Maintenance Director

Dave Savio  
Gene Lee  
Maintenance

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What happens to  
the donations sent  
to Camp?

Sounds like a simple question, doesn't it ... almost too simple to ask! Because we all know where our donations go.

Donations go to our building and maintenance efforts; they support our exceptional staff and programming; and they go toward funding Camperships, giving the Coniston Experience to kids that need it most.

You should be proud of your donation to Camp Coniston. The simple fact is, we want everyone who donates to Camp to feel great ... to feel their money represents a powerful investment in a life-changing experience for our campers. But your donation does a lot more than give kids a great experience.

We know that the friendships are why kids come back to Camp (summer staff too!) But the most valuable outcome of the Coniston Experience is something our Campers may never be aware of.

## Director's 2c

## Building the Future of Camp

When a kid comes home from Camp and a parent calls us to say, "I can't figure out what's different, but my kid has really changed," ... they know something has happened.

What's changed is those kids have learned to *navigate relationships* ... to deal with the world and the people around them in a more healthy and productive way.

And that's what your donations really support ... they *build the structure* that helps us build better citizens, and better people. It's not an obvious thing ... not as apparent as buildings and programs and happy, smiling kids! But we know it's one of the most important things we do, because we hear it from you every day.

That's the real value in your generous donations ... and we thank you so much for them.

## THE TOP 10

## THINGS YOUR DONATIONS HAVE HELPED CAMP TO DO

### It's our turn to thank you!

You know how important your donations are to us ... now it's time to let you know the *real value* of your contributions to Camp. Here's all the things you helped us do in 2007 ...

#1 You helped  
184 campers  
come to  
Coniston  
last year!



# It's the Friendships!!



CONT'D FROM PG 1

at various points in the trip. In fact, there were some amazing accidental meetings. "I was walking down the street in a tiny village in Laos," said Gen, "and who do I see? Zach Zimmerman! I couldn't believe it, completely by chance!"

Andrew also had some remarkable encounters. "I was strolling down Serendipity Beach, this incredible seashore in Cambodia, and I ran into a close friend I met at camp years before." Andrew also found he had relatives in the Thai resort town of Phu Quet, and spent two wonderful weeks relaxing with family.

## Beauty Beyond Belief

The travelers had the chance to experience scenery beyond their imaginings. Mark was lucky to spend six nights in Vietnam on Catba Island, "the most naturally beautiful place I've ever been to," and he also toured Ankor Wat in Cambodia, "a huge park filled with ancient temples and castles 600 years old!"

Gen said his most beautiful memory was in Laos where he journeyed through KongLo Cave, "the longest cave navigable by river in the world ... 300 feet high and seven kilometers long! No commercialization, no tourist traps ... just me, my guide and nature."

## A Warm Welcome

Although it was beautiful, the trip had its challenges. "This wasn't like a week on the beach in Cancun," said ZZ. "There were twelve-hour trips on mopeds and in ancient vehicles, on the roughest roads you can



Three traveling friends in the wilds of Asia



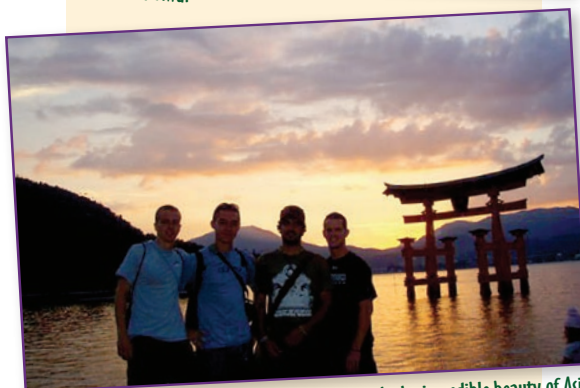
An Asian family shares their home



Mark, ZZ, Gen & Pino in Osaka, Japan



"Pino over the river Kwai"



Together with the incredible beauty of Asia

imagine, and some nights we never knew where we'd be sleeping."

But the welcoming friendship of the Asian people helped them through. "We'd walk up to people who spoke no English and make 'the international sign for sleep'," said ZZ "... and they'd invite us in, feed us, put us up for the night ... sometimes they wouldn't even take anything in return."

## Camp Friendships Renewed

The travelers also met up with some familiar Coniston faces. They spent time with **Diana Blazar**, Gen and ZZ's CIT director in 2000, who taught at an international school in Thailand, and they visited with alumna **Kat Cooley** who was working setting up micro-financing in China. They also had dinner with **Becca Cotugno**, who worked at Coniston and was studying abroad in Kyoto, Japan.

Finally, 3½ short months later, the travelers returned to Kyoto for a last visit with Gen's uncle before returning to the U.S.

## Lifelong Memories

At the closing Staff Campfire this past summer, ZZ said ... "I can't believe I'm going to Asia for 3½ months with these guys!"

"We shared a common experience," said Mark, "and that always brings you closer. We'll remember that trip with our Camp friends for the rest of our lives together." —

## Chairman's Triangle

Contributions of \$5,000-\$30,000

Bryant, Maria and Greg  
Carl Witherall Fund  
Clark, David and Anna  
Conover, Bea and Woolsey  
Gesen, Rolf and Stuart  
Irene and Hugh Gallen Fund  
Jack and Dorothy Byrne Foundation  
Josh Young Fund  
Lane and Elizabeth Dwinell Foundation  
Maily, Todd and Jennifer  
Holmes, Melvin and Clare  
Morgan, Virginia, Howard, Reed, Andrew and Catie

Morris, Robert  
NH Charitable Foundation  
Timbrell, Stefan  
Wiggin, Laird and Sandy  
William P. Wharton Trust

## Platinum Triangle

Contributions of \$1,000-\$4,999

Apisson, John and Jennifer  
Beale Consulting Inc.  
Bedford Capital  
Bert, Elizabeth and Paul  
Boston Foundation  
Claiborne, Robert and Gwyneth  
Clark, Rebecca  
Currier, Phillip and Jane  
Dellinger, Robert and Deborah

Deutsch, Steven and Andrea Seebaum  
Eldredge, Chris and Sophie Sparrow

Eldredge, H. Newcomb and Sally  
Evans, Dan  
Gillett, Kathy and Bill  
Greenbaum, Steven and Sue  
Johnson, Catherine  
Lake Sunapee Savings Bank  
Leach, Richard and Nell  
MacNeil, Mary and Glen  
Myer, Bert and Ann  
Olcott Family Fund  
Redmond, Elinor and Dan  
Rubin, Jeffrey and Susan  
Salvay, Michael and Laura  
Simon, Tom and Carolyn  
Smidt, Maura and Clark  
Springer, Clinton and Francesca  
Tilley, John and Tricia  
Work, Michael and Christine  
Zimmerman, Patty and John

THE TOP  
**IO**  
THINGS YOUR DONATIONS HAVE HELPED CAMP TO DO

## #3 Host an Artist In Residence

You helped to fund Coniston's first Artist in Residence Program!

## Gold Triangle

Contributions of \$500-\$999

Abbott, Wally and Jan  
Blank, Lane  
Brooks, Tricia  
Burak, Jeffrey and Jennifer  
Calcutt, Ann and John  
Callahan, Barbara  
Deasy, J. Michael  
Dion, Ray  
Ernst, Charles and Annie  
Fitz, Vogt and Associates  
Gesen, Charles and Nancy  
Grip, Kelly and Brian  
Horton, Sherman and Lynn  
J.P. Morgan  
Johnson, Nancy and William  
Loughlin, Ellie and Phil

THE TOP  
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THINGS YOUR DONATIONS HAVE HELPED CAMP TO DO

## #2 Fund the Future!

You helped to build a stable financial base, to keep Coniston going into the future.

## Coniston's First "Artist in Residence" Program ... a Big Hit!

Two years ago, local artist and neighbor Chip Evans painted a portrait of the Coniston Boathouse. This year, inspired by the mural around the Lodge stage, JD suggested painting the Coniston shoreline. We all thought it was a great idea, but then we said to Chip, "Hey, how about if you paint that mural right here at Camp ... along with the kids!" The result? A 24' long, 220-degree view of the Coniston waterfront through the four seasons. The mural now has its permanent home in the Coniston dining hall ... next time you're here, stop in and take a look!

Chip Evans and Coniston summer campers at work on the mural



## CAMP FINANCIALS 2007

### 2007 Income

|  |                     |
|--|---------------------|
| Summer Programs.....                   | \$ 1,477,586        |
| After-School .....                     | 132,350             |
| Other Programs .....                   | 120,665             |
| Charitable Giving.....(see next table) |                     |
| <b>Total .....</b>                     | <b>\$ 1,730,601</b> |

### 2007 Charitable Giving

|                                     |                   |
|-------------------------------------|-------------------|
| Annual Campaign .....               | \$ 40,537         |
| Campership Foundation Gifts .....   | 70,161            |
| Gifts to Land Campaign (2007) ..... | 269,234           |
| <b>Total.....</b>                   | <b>\$ 379,932</b> |

### 2007 Assistance to Campers and Afterschool Families

|  |                   |
|--|-------------------|
| <b>Camp Coniston Financial Assistance ....</b> | <b>\$ 145,224</b> |
| Average Camp Financial Assistance.....         | 67,700            |
| Median Camp Financial Assistance.....          | 17,000            |

Statistics provided through the American Camp Assn. 2006 Business Operations Survey, Martinsville, IN



Marvin, Sarah and Jonathan  
Mascoma Savings Bank  
Morris, Ann and Marc  
National Grid  
Reid, Jared and Karen Freedman



#4

Purchase Equipment for the Woodshop

You helped to set up Coniston's woodshop with the finest equipment!

Schoonmaker, Jill and Bill  
Sugar River Savings Bank  
Worthington, Elizabeth and John  
Zimmerman, Zach



Contributions of \$250-\$499

Aaron, John  
Altmann, Kerbey  
Bailey, Eileen and Paul  
Barnico, Kate and Thomas  
Beckerle, Breda  
Cairns, Tracey and Matt  
Carroll Concrete  
Dean, Vera and Alan  
Evans, Lois and Evan  
Gelber, Michelle  
Gillespie, Camille and David  
Glynn, Barry and Patty



#5

Fund the Camp Coniston Website

Our portal where campers, staff and alumni connect ... thanks to you!

Goss, Clayton and Andrea Williams  
Gundy, William  
Haas, Jim and Missy  
Hart, Alden and Carolyn Cantlay

Harwood, Michael and Debra  
Heaney, Fiona and John  
Hickey, Bruce and Nancy  
Howland, Jenny and Charlie

Hugg, Myra and Joseph  
Hunter, Stephen and Betsy  
Joseph, Todd and Linda

Kersey, John

Kossman, Kimberly and Michael Craft  
Marvin, Sarah and Jonathan  
McCrillis, Mr. and Mrs. John C.  
McLean, Nelson  
McLeod, Van and Joan Goshgarian  
Miyara, Lisa and Richard  
Morse, Emily  
O'Dwyer, Ben  
Piaker, Randi and Steve  
Pushee, Karen  
Quackenbos, George P.  
Saint Andrew's Church  
Sanders, Scott  
Schaper, Carol and Dorsey  
Scudder, Steven and Donna Palley  
Seamans, F. Augustus and MJ  
Shapiro, Diane and Dan  
Shutts, Jay and Sue  
Tessier, Diane and Tom

Tilchin, Mike and Linda Greer  
Wasserman, Peter and Jennifer

Weiman, Julie and Peter  
Blumenthal

Williams, Ross  
Zegans, Claudia and Michael



Contributions of \$1-\$249

A and A Tree Service  
Adell, Gordy  
Adler, Dale and Nancy  
Albee, Jillian  
Albert, Mary  
Anderson, Laura and Scott  
Arnold, Katie  
Arnold, Susan  
Astles, Meredith  
Atkins, Neil and Marylu  
Avallone, Jan and Robert  
Barden, Dave and Fay  
Barsch, Michael and Andrea  
Bascom, Tyler  
Baugh, Pierce and Peggy  
Beale, Caroline and Bob  
Beck, Margaret and Edward Walsh  
Beckerle, Breda  
Benson, Steven and Cynthia  
Berenson, Joel  
Birkland, JoAnn  
Blazar, Diana  
Blazar, Elizabeth  
Bonell, Nancy and John  
Bragdon, Randall and Tracy  
Brown, Carol A.  
Brown, Lin  
Brown, Ted and Barbara  
Bunce, Jeffrey and Kristina  
Calcutt, Martha  
Canotas, Vasiliki and Mark Mccue  
Carter, Dawn  
Chase, Winsor and Barbara  
Clarke, Elizabeth  
Clarke's Hardware  
Cleveland, Cotton  
Clough, John and Sue  
Coda, Alice and Arnold

Colby Sawyer College  
Collins, Tobey and Marc  
Comstock, Scott and Sandra  
Concannon, Andrew  
Concannon, James and Maria  
Conner, Duffy and Jen  
Cooper-Smith, Maurice and Susan  
Copenhaver, John and Marion  
Couturier, Barbara and Paul  
Cox, Barry and Nancy Kane  
Creagh, Charlie



#6

Donate the Fireplace in the Dining Hall

A blazing fire and a beautiful masonry design ... for our future!

Crimmins, Diane and John  
Danzoll, Charles and Judith  
Davidson, A. Joseph and Ann  
Deasy, Jennifer  
Delafield, Mason and Elizabeth  
Delise, Lynne  
Dellicker, Laura  
DeLong, Susan and Robert  
Dickey, Holly  
Dodge, Christina and Carter  
Domenichella, Paul  
Doncov, M. Eugenia and Mark  
Dorr, Olive Hadley  
Drake, Deborah and Joseph  
Duval, Renee and Douglas  
Eddy, Paul and Elizabeth Normen  
Elgert, Caitlin  
Ensign, Stephen

**THE TOP**  
**IO**  
THINGS YOUR  
DONATIONS  
HAVE HELPED  
CAMP TO DO

#7

Renovate the  
Old Dining Hall

A classic building saved and  
enhanced ... a Center of the  
Arts for Coniston kids!

Hart, Harriet  
and A.  
Shelburne  
Heald,  
Virginia  
"Ginger"

Faulkner, Charles and  
Charlotte  
Fenn, Jacqueline A  
Fenton, Aisling  
Fink, Pam and Roger  
Finlay, Scott and Martha  
Flippin, Alison and  
Michael  
Flynn, Christine and  
Carl Ship  
Freedman, Judy and Jeff  
Freeman, Philip and  
Jill Goldstein  
Friedman, Steven and  
Jane Hanenberg  
Friedman, Susan and  
Robert  
Furdyna, Frank and  
Adele  
Gardiner, Christopher  
and Carita  
Gardner, Katherine D.  
Garrahan, Lisa and John  
Gesens, Hollis  
Glennon, Jennifer  
Global Impact  
Gmeiner, Faye and John  
Goddard, Eleanor and  
Walter  
Grad, Bryan and Debra  
Grad, Burton  
Graf, Patty  
Graf, Rachel  
Green, Richard  
Greer, M.D., David  
Griem, Jens and Hede  
Griffin, Larry  
Grout, John and Nancy  
Groves, Martha and  
Chris  
Gustafson, Charles and  
Katherine  
Haddock, Margo and  
Harold  
Handley, Jane and  
Stephen  
Harlow, Mathew

Henoch, Katie and Dede  
Albers  
Hilton, Debbie and  
Chuck  
Hoffman, Amy and Paul  
Holmes, Lucy  
Hooton, Michael and  
Margaret  
Horn, Bill and Betsy  
Hughes, Kelly  
Hutchinson, Gretchen  
and Rick  
Hutchinson, Patricia and  
Ford  
Ibanez, Nicole  
Imboden, Cathy

**THE TOP**  
**IO**  
THINGS YOUR  
DONATIONS  
HAVE HELPED  
CAMP TO DO

#8

War Canoes!

Twenty-four people  
gliding together across  
Lake Coniston ...  
it's too much fun!

Imrich, Steve and  
Cynthia Smith  
Jacobson, Bruce and  
Anna Romer  
Jennings, Sarah  
Jones, Charles  
Jones, Emily  
Kalfus, Howie  
Kalfus, Phyllis and Don  
Kamisar, Stacy and  
Jonathan  
Kane, Jonathan and  
Karen  
Kane, Martha and Mike  
Kannel, William and  
Marla  
Kaufman, Marc  
Kavanagh, Carole and  
Robert  
Kavanagh, Katie  
Keilig, Roger  
Kelsey, Peter and Ginger  
Ryan  
Kershner, Molly and  
Lewis

Kert, Cathy and Charlie  
Kessler, Bob and Susan  
Kidder, David  
Kingston, Rebecca and  
Andrew  
Kirkland, Kathy  
Kolb, Nancy  
Lally, Mike  
Lampson, Thad  
Lantz, James and Louise  
Lanzner, Sean  
Larson, Jeffrey and  
Leslie Walker  
LaValley Building  
Supply  
Lehrich, Jesse  
Lentz, Peter J.  
Lopez, Toni  
Lubrano, Allegra and  
Steve  
Macedonio, Linda  
Macinnes,  
John and Gail  
Mansour,  
Lauree and  
Haitham  
Mario, Karen  
and Joseph  
Marsh, Victoria and  
Patrick  
Martin, Robin L  
Marzelli, Mary  
Mertz, Carolyn and Peter  
Milardo, Heidi and  
Joseph  
Miley, Joseph and June  
Mittleman, Linda Yarr  
Mooney, Linda and  
David  
Moses, Ruth and Joel  
Moyer, Joan  
Muller, Robbie  
Myer, Alison  
Nielsen, Christopher and  
Andrea  
Otis-Cote, Catherine  
Patricelli,  
Robert and  
Margaret  
Paul, Jessica  
Pearce, Charles  
and Virginia

Peterson, Robert and  
Norah  
Phillips, Becca  
Piazza, Amelia  
Pike, Alan and Marcy  
Pilette, Rondi and  
Steven Levin  
Pillsbury, Andrew  
Poole, David and  
Rosanna Cavallaro  
Regan, Nina and Bill  
Reid D.D.S., James B.  
Rein, Richard and  
Deborah  
Reisch, Betty and  
Norman Bornstein  
Reiss, Nicole  
Richter, Rick and Elaine  
Rigby, Mary Ellen and  
William  
Riley, Janet and Francis  
Rosenstein, Garrett  
Harris and Amy  
Rowe, Betty and Peter  
Salvas, Margaret and  
David  
Salvas, Meghan  
Sanders, E. Waldo and  
Karla  
Sawitz, Beth  
Sawitz, Eric and Gail  
Stone  
Sawyer, Shannon  
Scherer, Brian  
Seabolt, Donna and  
Robert  
Seybold, Elizabeth  
Sharp, Stephen and Anne  
Sherwin Dodge Printers  
Ship, Brad  
Ship, Carl and  
Christine Flynn  
Sinclair, Roberta  
Skinner, Jonathan  
Slafsky, Julie and Marc  
Slafsky, Mike  
Smith, Claudette

**THE TOP**  
**IO**  
THINGS YOUR  
DONATIONS  
HAVE HELPED  
CAMP TO DO

#9

Build a New Chapel

Our new chapel overlooking  
Cranberry Bog, built on  
land we preserved with  
your donations.

Smith, David and Heidi Fishman  
 Smith, Tammy  
 Solomon, Lynn and Douglas  
 Spater, Gordon  
 Spater, Victoria  
 Springle Farm  
 Stafford, Nancy and Chris  
 Steward, Barbara  
 Strebel, Susan  
 Strickler, David and Christina  
 Sutherland, George and Jean  
 Symonds, Judith and John  
 Thomas, Roberta  
 Tierney, Linda and Steven  
 Torres, Diane and Weber  
 Trolle, T.N. and Lorette  
 Twomey, Susan  
 Underhill, Carl and Ellen  
 Vandycheva, Olga and Boris Makarov  
 Vreeland, Robert and Susan  
 Wagner, Bill and Jan  
 Walsh, Edward J.  
 Wardell, Harry and Carol  
 Wehde, Paula and Craig  
 Westbrook, Merle and Peter Dollard  
 Whelan, Kevin and Irene  
 White, Julie and Bob  
 Widmer, Barbara and Jack  
 Wilson, Cheryl and Rodney  
 Winn, Gail and Joseph  
 Wood, Mary and Bruce  
 Woods, James and Deborah Hall  
 Young, Debra and Michael  
 Young, Donna and Robert

## THE TOP #10

THINGS YOUR  
DONATIONS  
HAVE HELPED  
CAMP TO DO



## #10 We Bought the Land!

... and we couldn't have done it without you! One hundred and thirty pristine New Hampshire acres saved for Camp, and for the future of our environment.

This parcel represents the fulfillment of George Dorr's dream when, as Chairman of the Coniston Board, he helped us move here in 1963. We have now protected the entire Lake Coniston waterfront, and we've given Camp the opportunity for exceptional outdoor experiences with our kids. Please, let us say it once more ...

*It's our turn to thank you!*

## Coniston at College

We're proud that our summer staff attends some of the finest colleges in the country ... and around the world!

American University  
 Amherst College  
 Bates College  
 Bennington College  
 Brooklyn Law  
 Bucknell University  
 Carleton College  
 Clark University  
 Colby College  
 Colby-Sawyer College  
 Colorado College  
 Denison University  
 Hobart & William Smith  
 Ithaca College  
 Keene State College  
 Lyndon State College  
 Northeastern University  
 Providence College  
 Sacred Heart University  
 Salve Regina

South Carolina University  
 St. Michael's College  
 Tufts University  
 Union College  
 University of Connecticut  
 University of Minnesota  
 University of Chicago  
 University of Illinois  
 University of Massachusetts Lowell  
 University of Massachusetts Amherst  
 University of Maryland  
 University of Miami Law  
 University of New Hampshire  
 University of Pennsylvania  
 University of Richmond  
 University of Rhode Island  
 University of Vermont  
 Westfield State College  
 Vermont Law School

**International:**  
 IESEG School of Management (France)  
 Kent University (England)  
 Liverpool Institute for Performing Arts (England)  
 Loughborough University (England)  
 Nottingham Trent University (England)  
 Thames Valley University (England)  
 University of Leeds (England)  
 University Huddersfield (England)  
 University of St. Andrews (Scotland)  
 University of Szeged (Hungary)



# Coniston throughout the U.S.A.!

We're in the news again! YMCA Camp Coniston was featured this past summer in *Kearsarge Magazine*, with a full-page writeup entitled "Building Better Adults" ... and *Camp Business Magazine* used a photo of the Coniston Camp Store for their cover story!

Several articles citing Camp Coniston were also picked up by the *Washington Post*, *Boston Globe*, *Manchester Union Leader*, *Concord Monitor*, *Detroit Free Press* and the *Atlanta Constitution*, plus many more.

If you see or hear Coniston mentioned in the news, be sure to let us know ... we always like to know where we've been. —



"Camp gives (our kids) the tools and skills they need for everything in life — negotiating skills, teamwork, camaraderie. There's no fighting in the house now; they discuss things more."

## Los Angeles Times

"... using insecticides to eliminate mosquitoes from the 150-acre Lake Coniston is just unrealistic, director John Tilley said. Better to keep the cabin screens in good repair ... and urge campers to bring plenty of bug repellent!"

## The Boston Globe

## The Washington Post

"The YMCA operates 265 residential camps nationwide, many of which have been full for a while, such as ... Camp Coniston in New Hampshire."

## The Atlanta Journal-Constitution

"YMCA Camp Coniston creates a 'country store' feeling with a birch tree to hang hats and bottles."



YMCA Camp Coniston  
PO Box 185  
Grantham, NH 03753



PRESORTED  
STANDARD  
U.S. POSTAGE  
PAID  
WARNER, NH  
PERMIT NO. 4